

MARCH 2019

# THE EASTRIDGE EXPRESS

JOYFUL EXPRESSIONS FROM EASTRIDGE SENIOR LIVING SUITES

2309 RICHARD STREET | ABBEVILLE, LA 70510 | 337.898.1944 | EASTRIDGESUITES.COM

## UPCOMING EVENTS

Happy Hour Every

Friday!

3/4 Resident Council  
Meeting

3/13 Out to Lunch at  
Victor's Café

3/19 Anytime Fitness  
Workout

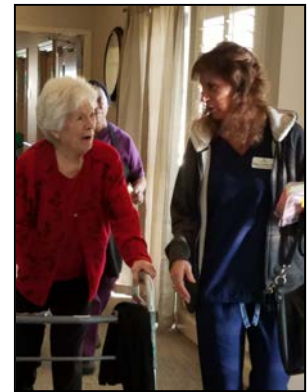
3/20 Ice Cream Outing

3/27 Resident  
Birthday Party

3/29 Grand Prize  
Bingo

## CAPTURING CUPID

Our residents and employees teamed up to follow clues for a Valentine's Scavenger Hunt! Once the teams gathered all the bags left by Cupid, they raced to complete a puzzle. Ms. Elva Hebert was the winner of the day, with a little help from her partner Ms. Karla!



EXECUTIVE DIRECTOR  
RESIDENT SERVICES DIRECTOR  
LEAD RESIDENT ASSISTANT  
LIFE ENRICHMENT DIRECTOR  
BUSINESS OFFICE MANAGER  
DIETARY MANAGER

ANGIE LEBLANC  
TAMMY COUDRET, LPN  
CHARLENE HOFFPAUR  
MANDI THEBNER  
WENDY KING  
PAM BRUNO



**MEAL OF THE MONTH**

Crawfish Etouffee  
Rice  
Potato Salad  
Green Beans  
Sherbet

## Happy Birthday!

**Resident Birthdays:**

Lona Broussard	3/12
Andrew Broussard	3/28
Florence Steinhorst	3/31

**Employees Birthdays:**

Angie LeBlanc	3/12
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## EMPLOYEE OF THE MONTH MS. JUDY TRAHAN

Ms. Judy has been part of the Eastridge Senior Living Team for 13 years. With her smiles and caring touch, Ms. Judy makes everyday a great day for our residents!



## PAINTING WITH A TWIST

Painting with a Twist always brings out the inner artist and showcases the hidden talents of our residents!







## WILL YOU BE MY "SWEET" VALENTINE?

Nothing says Valentine's Day quite like chocolate, so we celebrated with sweet goodies dipped in a chocolate fountain!



## BAKING WITH FRIENDS

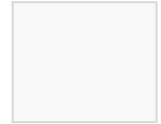
When you combine a morning of Baking with Friends and King Cakes, you have a "deliciously" good time!





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### *Friendly Reminders and Announcements:*

- ALL MONTHLY RENT IS DUE BY THE 5TH OF EACH MONTH.
- TRANSPORTATION FOR DOCTOR'S APPOINTMENTS OCCURRING AFTER 2:00 PM WILL INCUR AN ADDITIONAL FEE.
  - NEWSPAPERS ARE TO BE DISTRIBUTED BY STAFF ONLY.
- DIETARY STAFF REQUESTS ALL DISHES BE RETURNED IN A TIMELY MANNER.
- THE COVERED AREA IS FOR DROP-OFF AND PICK-UP ONLY.

### OUR PHILOSOPHY

OUR PHILOSOPHY IS BASED ON THE DEFINITION OF ASSISTED LIVING - TO FOSTER INDEPENDENCE FOR EACH RESIDENT, TREAT EACH RESIDENT WITH DIGNITY AND RESPECT, PROMOTE INDIVIDUALITY, ALLOW EACH RESIDENT CHOICE OF CARE AND LIFESTYLE, AND PROTECT EACH RESIDENT'S RIGHT TO PRIVACY.